

HOMEMADE HOLIDAY DOG TREATS

PREP TIME

35 mins

COOK TIME

30 mins

TOTAL TIME

1 hour 5 mins

Healthy Homemade dog treats, loaded with sweet potato, peanut butter, whole oats and cinnamon.

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Serves: 42-44

INGREDIENTS

- 2 cups fresh sweet potato puree
- 1 eggs
- ½ cup oats
- 3 cups whole wheat flour
- 3 Tbsp of all natural peanut butter
- ½ tsp cinnamon
- ½ salt (optional, I didn't use)



INSTRUCTIONS

1. Preheat oven to 350 degrees F.
2. Peel and cube two medium sweet potatoes and bring to a boil in pot of water. Reduce to low and simmer approximately 15-20 minutes or until soft. Drain cooked potatoes and puree using blender or food processor.
3. In small bowl, stir together the flour, oats, and cinnamon.
4. In a separate large bowl, whisk together the egg, sweet potato and peanut butter until combined. Stir wet ingredients into dry.
5. Pour onto a floured surface and roll dough out to ¼ - ⅜ thick. Cut out using Christmas cookie cutter. The dough will be a little sticky, dust your hands and the rolling pin with a little flour to help!
6. Bake for 30 to 35 minutes until golden brown.
7. Place on cooling racks and let cool thoroughly. They will harden as they cool.

NOTES

The salt can be added to help extend the shelf life of these treats but is not necessary.

Do not use a pumpkin spice blend or anything that may contain nutmeg as it is toxic to dogs, even small amounts.

Using a smaller cookie cutters can yield 45 treats! Your cookie cutter size will determine your quantity.